

# Employee Assistance Program (EAP)

TCG recognizes the dedication of our employees along with the uniqueness of our work. Working with children who have numerous levels of special needs brings with it additional stressors and TCG has partnered with Prudential to implement an EAP through ComPsych.

ComPsych is one of the largest providers of employee assistance programs providing services to more than 78 million individuals in the U.S. and over 130 countries.

Employees and their family members can contact ComPsych with issues regarding behavioral and emotional health, legal and financial issues or other personal matters 24 hours a day, seven days a week, via our toll-free line, email and chat feature on GuidanceResources Online. There is no cost to employees for this service.

## Emotional or Work-Life Counseling

- Job pressures
- Relationship/marital conflicts
- Stress, anxiety and depression
- Work/school disagreements
- Substance abuse

## Financial Information and Resources

- Managing a budget
- Retirement
- Getting out of debt
- Tax questions
- Saving for college

## Legal Support and Resources

- Debt and bankruptcy
- Guardianship
- Buying a home
- Power of attorney
- Divorce

## Program Features

- EAP assessment, referral counseling and brief treatment (up to 3 sessions, per issue per employee/family member per year)
- Community resource referrals to supplement EAP counseling
- Critical Incident Stress Management (CISM) services: 24 hour critical incident support (telephonic consultation is unlimited)
- Work-Life services: unlimited phone support for financial issues by ComPsych staff CPAs and CFPs and unlimited phone support for legal issues by ComPsych staff attorneys

## How to Access ComPsych

- **Call: 1-800-311-4327**
- **TDD: 1-800-697-0353**
- **Online: [guidanceresources.com](https://www.guidanceresources.com)**
- **Your company Web ID: GEN311**

